# Using Your

- Teva-Fentanyl Patch—continued
- Avoid exposing the <sup>®</sup>Teva-Fentanyl area to sources of heat such as heating pads, electric blankets, heated waterbeds, heat lamps, saunas, hot tubs, or intensive sunbathing.
- Do not cut, damage or chew ®Teva-Fentanyl.
- If ®Teva-Fentanyl comes off and accidentally sticks to the skin of another person, wash the exposed area with water. Seek medical attention for the accidentally exposed individual.

If you have any questions about this program, just ask any member of the pharmacy team.

Used ®Teva-Fentanyl patches must be returned to your pharmacy on the return sheet. It is very important that they are **NOT** disposed of in the household trash.

Bring your used patches back to your pharmacy.



**Patch return program for safer communities** 

## How to Apply Your

#### ®Teva-Fentanyl Patch

**Step 1** Special labels are provided to help you remember when you last put on your patch. After putting on the patch, write the date and time on a label, then stick the label on the patch.

**Step 2** Do not remove <sup>®</sup>Teva-Fentanyl from its protective pouch until you are ready to use it. When you are ready, tear open the pouch at the notched corner

**Step 3** \*Teva-Fentanyl should be applied to a dry area of your chest, back, flank (the side of your body between your ribs and hipbone) or upper arm.

**Step 4** A protective liner covers the sticky side of the ®Teva-Fentanyl patch. Place thumbs along S-cut on liner and bend. Remove one half of the liner and press adhesive side of ®Teva-Fentanyl to skin and press into place. Remove second half of liner and press ®Teva-Fentanyl into place for at least 30 seconds. Try not to touch the sticky side of the transdermal system. Throw away the liner.

If you experience problems with the ®Teva-Fentanyl patch sticking to your skin, you may tape the edges of the patch with first aid tape. If this problem persists, you may overlay the patch with a transparent adhesive film dressing.

**Step 5** Wash your hands, with water only, after you have applied <sup>®</sup>Teva-Fentanyl.

**Step 6** After wearing the ®Teva-Fentanyl patch for 72 hours, or as directed by your doctor, remove it and apply it to the return sheet provided, so that you can safely return it to your pharmacy. Choose a different place on your skin to apply a new ®Teva-Fentanyl patch and repeat steps 1 to 6 in order. If the patch falls off before 72 hours, a new patch may be applied to a different skin site.

### **Using Your**

#### ®Teva-Fentanyl Patch

Your doctor has prescribed a "Teva-Fentanyl transdermal patch to help control the pain you are experiencing. The "Teva-Fentanyl patch that you have received delivers fentanyl, a medicine used to treat persistent moderate to severe chronic pain, slowly into the body through the skin. Each "Teva-Fentanyl patch can relieve pain for up to 72 hours.

- Wear each <sup>®</sup>Teva-Fentanyl patch continuously for 72 hours or as directed by your doctor.
- Apply <sup>®</sup>Teva-Fentanyl to unbroken, non-irritated, non-irradiated skin.
- If you need to remove hair from the application site, clip it, do not shave
- If you need to clean the skin before applying ®Teva-Fentanyl, use clear water only. Do not use soaps, oils, lotions, alcohol, or any other products on the skin where you will apply ®Teva-Fentanyl.
- Allow the skin to dry completely before you apply ®Teva-Fentanyl.
- Apply ®Teva-Fentanyl to your skin immediately after you remove it from its sealed package.
- You can bathe, swim, or shower while you are wearing ®Teva-Fentanyl.
  If ®Teva-Fentanyl falls off, apply a new one, making sure the new skin
  area you choose is dry.

CONTINUED ON BACK COVER